Study Course Title: Traditional cultures (Latvia, Lithuania, Poland, Russia, Belarus)

Study Course Code: Vēstī5007

Credits: 2

European Credit Transfer and Accumulation System Credits: 3

Total Number of Contact Hours: 32
Number of Lecture Hours: 16

Number of hours for seminars: 16

Course Developer:
Anna Stankeviča

There is no prerequisite knowledge required for this course.

Study Course Abstract:
The course gives an insight into the traditional and cultural development of Latvia, Lithuania, Russia, Belarus and Poland, trends, specificity, similarities and differences in their way of life are revealed. The course aims to introduce students to the Eastern European everyday life and norms of behavior, celebrations and rituals, costumes, food and house life.

Course Plan:
Course structure: Lectures - 16 hours. Seminars - 16 hours.

Lecture topics:
1. Mythology, folklore and traditional culture in the Eastern Europe
2. Christianity and traditional culture in the Eastern Europe
3. Eastern Europe traditional culture of the Eastern Europe during the Middle Ages and the Renaissance period:
   - Everyday life and norms of behavior;
   - Festivals and rituals;
   - Costumes, food and household.
4. Eastern Europe of the XVIII century. Traditional Culture:
   - Everyday life and norms of behavior;
5. Eastern Europe of the XIX century (1st half). Traditional culture:
   - Everyday life and norms of behavior;
   - Festivals and rituals;
   - Costumes, food and household.
6. Eastern Europe of the XIX century (2nd half). Traditional culture:
   - Everyday life and norms of behavior;
   - Festivals and rituals;
   - Costumes, food and housing.
7. Eastern Europe of the XX-XXI centuries. Traditional culture.

Seminar topics:
1. Eastern European’s traditional environment: home, garden, nature, seasons.
2. “Cultural revolution” and the traditional culture of the XVIIIth century Europe.
3. Eastern Europe traditional culture and the processes of globalization.
4. Traditional culture, every day life and Eastern ethno psychology: stereotypes.

Students’ Independent work:
1. Latvian national costume (report)
2. Lithuanian national costume (report)
3. Belarusian national costume (report)
4. Russian national costume (report)
5. Polish national costume (report)
6. Baltic food (report)
7. Slavic food (report) 8. Kinship and family of the contemporary Eastern Europe.

Learning Outcomes:
Students are able to:
- understand the peculiarities of the Eastern traditional culture, its development, dynamics and any particular phenomena;
- understand the social life and relationships in different societies;
- compare the traditional Eastern culture different phenomena;
- understand the matter of social importance and value of symbolic meaning.

Requirements for Awarding Credits:
Regular attendance and active participation - 20%, independent work (reports and practical classes) - 40%, final examination - 40%.

Course content:
1. Mythology, folklore and traditional culture in the Eastern Europe
2. Christianity and traditional culture in the Eastern Europe
3. Eastern Europe traditional culture of the Eastern Europe during the Middle Ages and the Renaissance period:
   - Everyday life and norms of behavior;
   - Festivals and rituals;
   - Costumes, food and household.
4. Eastern Europe of the XVIII century. Traditional Culture:
   - Everyday life and norms of behavior;
5. Eastern Europe of the XIX century (1st half). Traditional culture:
- Everyday life and norms of behavior;
- Festivals and rituals;
- Costumes, food and household.
6. Eastern Europe of the XIX century (2nd half). Traditional culture:
- Everyday life and norms of behavior;
- Festivals and rituals;
- Costumes, food and housing.
7. Eastern Europe of the XX-XXI centuries. Traditional culture.

1. Eastern European's traditional environment: home, garden, nature, seasons.
2. "Cultural revolution" and the traditional culture of the XVIIIth century Europe.
3. Eastern Europe traditional culture and the processes of globalization. 4. Traditional culture, every day life and Eastern ethnospsychology; stereotypes.

Compulsory Reading List
Никитина А.В. Русская традиционная культура. Москва: Флинта.2013
Baltu un slāvu kultūru kontakti Rakstu krajums, Riga: Madris.2009.
Hanovs D. Atcerēties, aizmirst, izdomāt. Riga. 2009
Betts P. The Authority of Everyday Objects. California Press. 2004
Короткова М.В. Культура повседневности. История кастрина. М., 2002.
Постерн Беларусь. Ч. 1.2. Минск, 2000.

Further Reading List
Короткова М.В. Путешествие в историю русского быта. М., 2003.
Лебедева Н.И. Народный быт в верховьях Десны и верховьях Оки. М., 1997

Periodicals and Other Sources
Latvijas tradicionālā kultūra www.makslasstudija.com/latvijas%20tradicionālā%20kultūra/

Notes
The course is intended for the academic Bachelor study program "Eastern culture and business communication" 2nd year students.

https://luis.lu.lv/pls/luf/kurs.startup?i=1